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Our website is www.calebcaregivers.org

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next issue...

1. 2020 Annual Appeal
2. Volunteer/Client Survey
3. Volunteer Spotlight
4. Free Service provided by Caleb



Caleb Reopens!

Caleb has reopened to begin assisting our great Seniors once again. We've missed you! Contact Caleb if you need a ride, a visit, a call, or help with chores. We will always have your safety uppermost in our mind. If you have COVID symptoms or have been exposed to someone with it in the past 14 days, please seek medical care prior to requesting assistance. Volunteers should get tested for COVID at one of the local testing centers before volunteering. PPE kits are available for volunteers to use to help protect yourself (and our clients) when volunteering. Call Caleb to get your PPE kit.

this issue...

1. Caleb Reopens!
2. Board Member Search
3. Commodities Food Home Delivery
4. 25 year T-shirt Fundraiser
5. COVID-19's Impact on Caleb Operations



in the news

Board Member Search

Do you want to help make a difference in the lives of our local Seniors? If so, Caleb has immediate openings on its Board of Directors. We are looking for compassionate, energetic folks ready to roll up their sleeves! Help those among us most in need of help today! If the board doesn't tickle your fancy, please consider volunteering. We need folks to work the front lines and transport, visit, call, and clean for our clients. Call today!

CSFP Home Delivery

We just love helping our clients! Did you know Caleb volunteers are available to personally deliver your Commodities Supplemental Food Program (CSFP) food boxes right to your door?! Find out more about it by reaching out to Elise Perry at eperry@bm-cap.org or call the CSFP offices at 603.225.2050 to apply (if you haven't already) and get your food put on the **home delivery** list. If you qualify, two boxes of food is delivered every other month; the next CSFP delivery is set for August 20th. Call our office if you'd like Caleb's help in doing this.

*Thank You For
Your Donation
& Helping Make A Difference*

25th Anniversary T-Shirt Fundraiser

This year, Caleb celebrates 25 years of helping local Seniors in the north country! We can't believe it's been 25 years already! With COVID-19 really putting a cramp in our person-to-person fundraising efforts and events, we're hoping you can support us by buying a commemorative 25th Anniversary T-Shirt for \$25. Here's what they look like...



Each shirt will also have the motto "25 years of making a difference in the lives of local Seniors" on the back of the shirt. You can get your t-shirt by following this [link](#) or by going to the "T-shirt Fundraiser" tab on our organization's website at calebcaregivers.org. Thank you so much for your support of Caleb Interfaith Volunteer Caregivers!



Did You Know?!

Nearly half of all volunteers (47%) say that volunteering has improved their overall physical health and fitness! 25% claim that volunteering has helped them lose weight!

Key events...

Here are some important activities through July:
9 July 6-8pm - FREE Estate Planning seminar in Lancaster at the Colonel Town Rec. Center. Call 1.800.370.5010 to register!

15 July 1pm - Board of Directors meeting - all are welcome!

more news

The Impact of COVID-19 on Caleb Operations

From the Director...

Hello, again. I am so happy that you have this latest issue of our organization's newsletter in your hands. It means we're up and running again here at Caleb! It has been a long time coming. We've basically been closed since mid-March. Like you, I've been frustrated by all this COVID stuff. It really put a crimp in our Caleb operations, as well, making it difficult for our clients to continue their independent lives without Caleb's help. We had volunteers and clients seriously concerned about maintaining their health and safety, and rightfully so, and we here on the leadership team didn't want to risk the chance of passing along the virus and getting anyone sick. Knowing that our clients and many of our volunteers fall into the high-risk age category, closing down Caleb was a no-brainer. However, it is time to get back on the horse! We officially reopened our office in the McIntyre School Apartments back on June 15th and have been busy getting things going again. We know it will be slow getting going again. Folks may not be ready, and we understand that. We have new safety policies and cleaning policies we need to get in place as our volunteers get linked back up with our clients. We have created PPE kits for volunteers to use to keep themselves and those they assist safe. Call the office if you're a volunteer and you'd like a PPE packet and we'll find a way to get it to you. The Caleb office is not yet accepting visitors, but you can certainly call or email to connect with us. If you're ready, Caleb is ready to serve. Contact us today! -Tim Carignan