

Caleb Courier

Vol. 25 Neighbors Helping Neighbors March 2020

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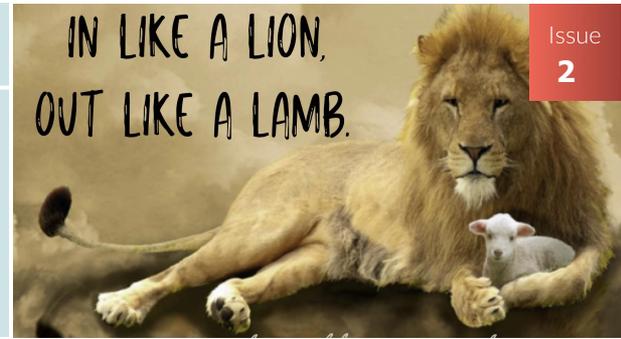
Our website is www.calebcaregivers.org

Find us in Facebook @calebcaregiverswhitefield



in this issue...

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- Coordinating Client Care
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The Caleb Courier, at your service! We hope to continue to provide you with the important information you've come to know that has filled the pages of this newsletter in past years. It is our endeavor at

Caleb to open wide the communication between us and our volunteers, clients, leadership team, and benefactors. So please sit back and enjoy this second issue of the new year!

coming soon...

In the next Caleb Courier...

- Pets and Depression
- Volunteer/Client Survey
- Volunteer Spotlight
- Free Service provided by Caleb

in the news

Pet Care When You're Down and Out

Have you ever been faced with the uncertainty of who will look after your pet while you are recovering from a procedure or in an extended hospital stay? Caleb may be able to help! We have a gracious volunteer who is interested in providing this service. Please RSVP to Caleb at 603-837-9179 or email us at calebcoordinator@gmail.com if you find you are in need of this assistance.

Coordinating Client Care

We just love helping our clients! Since the beginning of December 2019, we've added about 15 new clients to our ranks. The word is getting out that Caleb cares and wants to help. Helping our clients the best way we know how starts by ensuring that our organizational procedures are followed. When an approved client would like to request assistance of any kind, they are to contact Karen, our volunteer coordinator, in the Caleb office. Once Karen is notified, we can start the process of finding a suitable volunteer to help you. This procedure centralizes all client care, enabling us to track the help we provide, as well as shields both the client and volunteer from potentially unwanted communication and inaccurate information. When in doubt, contact the office!

thank you



**Caleb
Interfaith
Volunteer
Caregivers**

Come on by and visit us in our office (#98) on the ground floor of McIntyre School Apartments in Whitefield at 16 Highland St. Please call us anytime at 603.837.9179 and visit our website, too, at calebcaregivers.org

VOLUNTEER

WE NEED YOUR HELP

19 Top Discounts for Seniors!

Goldenage-life.com just published a great article on their website about 19 Top Senior Discounts. You can find the full article on their website or by clicking [here](#). Here are a few of the discounts for your convenience:

Congress recently passed a new government program called the Enhanced Relief Refinance initiative. This program is designed to help the average American homeowner reduce their payments by an average of \$3,120/year (or \$260/month).

Discounts on eating out (participation varies) –

McDonald's: discounts on coffee and beverages (55+)

Wendy's: give free coffee or other discounts

IHOP: 10% discount (55+) and a 55+ menu

Subway: 10% off (60+)

Uno Pizzeria & Grill: “Double Nickel Club” 25% off on Wednesday (55+)

Friendly's: 10% off meal w/ free coffee at breakfast or free small sundae during non-breakfast hours

KFC: free small drink with any mel (55+)

Burger King: 10% discount on purchase (60+)

Go Shopping (participation varies)–

C.J. Banks/Christopher Banks: 10% off every Wed. 60+

Clarks: 10% off 62+

Dressbarn: 10% off Tues and/or Wed – 55+

Goodwill: 10% – 20% off one day a week – 55+

Kohl's: 15% off on Wednesdays 60+

Michael's: 10% off every day with AARP card – 55+

The Salvation Army Thrift Stores: Up to 50% off - 55+

TJ Maxx: 10% on Mondays – 55+

Walgreens: 20% off once a month, “Balance Rewards” card required. 65+ and AARP



Did You Know?!

Volunteers in the U.S. logged over 6.9 Billion volunteer hours in 2018 at a cost of \$167B! Become a volunteer today!



Mark Your Calendar...

Here are the Caleb activities through March:

18 March 1pm - Board of Directors meeting - all are welcome!

Annual Spaghetti Fundraising Dinner and Silent Auction coming soon this Spring!

Senior Citizen
I Like Discounts

more news

Philanthropy & Estate Planning

Whether or not you've begun the estate planning process, you may have thought about what you want your legacy to be after you've passed. For many people, this means setting and achieving philanthropic goals during their lifetime and for years to come.

#1 Choose a charitable cause that is important to you. The first step is deciding which cause or set of causes is meaningful to you and your family—and how many causes you can continue to support year after year. If you have a history of charitable giving, reviewing your past donations can help you discover where your passions lie.

#2 Select the assets to give. Once you've identified your philanthropic goals, you can begin the more technical discussion of which assets you'll donate, either now or in the future. While cash donations are typically universally accepted, some more-sophisticated charities can accept other financial and physical assets, such as privately-held securities, real estate and even artwork.

#3 Determine how to make the gift. The final step is determining which vehicles to use to gift your assets. While you can make charitable gifts in your will, you may not realize all of the tax benefits that other methods potentially provide. Donor-advised funds and community foundations allow many options in terms of the assets you can donate and the charities you can support. However, a drawback of these giving strategies is that you may give up some control as to how your gifts are directed. Alternatively, charitable lead trusts, charitable remainder trusts and private foundations are all effective ways to give while minimizing transfer taxes. It's important to discuss which giving method is most appropriate for your financial circumstances with a professional who specializes in estate and tax planning, as certain solutions can be far more advantageous than others.

If you have philanthropic goals and wish to incorporate them into your estate plan, begin by talking with a trusted advisor who can provide practical guidance. Additionally, if you plan to make philanthropy a multi-generational effort, you may wish to include your family in your discussions. No matter your motivations for giving, philanthropy can be simultaneously personally fulfilling and financially beneficial, while allowing you and your family to leave a legacy that reflects your passions, values and priorities. -Read more at [Forbes.com](#).

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